

SEXUAL CONSENT AGREEMENT

General Statement

This agreement represents the terms of our power exchange, the foundations of which are respect, honesty, trust, open communication, and love. We both agree to try to meet the needs of the other, putting them first. By focusing on the foundations, we aim to create intimacy and a connection that is emotional, physical, and spiritual. This will allow us to meet the desires of the other and create a safe environment to explore, learn, and grow, both together and as individuals.

I. THE PARTIES.

This Sexual Consent Form (“Consent Agreement”) is made
_____, 20____ between:

Proposer: _____ (“Proposer”) AND
Conserver: _____ (“Conserver”).

WHEREAS, the Proposer and the Conserver are sexually attracted to each other and would like to manifest that sexual attraction through participation in one or more sexual acts;

II. ACTIVITIES. (initial all that apply)

Proposer / Conserver

- _____ / _____ Full body touching (external only)
- _____ / _____ Kissing with without the insertion of tongue into mouth
- _____ / _____ Digital penetration (receiving in _____ (specify orifice(s)))
- _____ / _____ Digital penetration (giving in _____ (specify orifice(s)))
- _____ / _____ Oral sex (receiving)
- _____ / _____ Oral sex (giving)
- _____ / _____ Vaginal sex (receiving: females only)
- _____ / _____ Anal sex (receiving)
- _____ / _____ Anal sex (giving: males only or females with toys)

_____ / _____ Restraint, using the following devices _____
(specify)

_____ / _____ Use of following devices in or on the body
_____ (specify)

_____ / _____ Other activities _____ (specify)

III. CONTRACEPTION.

The Proposer is using the following methods of contraception on an ongoing basis:

_____.

The Proposer will use the following methods of contraception and/or protection during vaginal/anal* penetrative activities:

_____.

The Consenter is using the following methods of contraception on an ongoing basis:

_____.

The Consenter will use the following methods of contraception and/or protection during vaginal/anal* penetrative activities:

_____.

The Proposer will have on hand Plan B, the Consenter will be required to replace the Plan B if it was needed to be used at any time by the Proposer.

The Consenter will be responsible for providing condoms.

IV. PUSSY CLAUSE.

The Proposer is not in a sexual relationship with any other than the Consenter, if the Consenter chooses to be in another sexual relationship other than with the Proposer and causes the Proposer to contract any sexually transmitted diseases, destroys the Proposer Vaginal region whatsoever, The Consenter will be responsible for any medical bills relating to any of the following but not limited to:

Prescriptions to rid of any diseases

Gynecology visits

V. RATCHET CLAUSE.

Whereas the Proposer and the Consenter are aware that attraction may escalate during the agreed-upon sexual activities, and that both parties may desire to engage in activities heretofore not consented to, the parties agree as follows. (check one)

- There shall be no sexual activity of any kind other than that specified and consented to in this Consent Agreement without the establishment of a new, separate agreement. (See Clause 1 below.)

Initialed (Proposer) _____ Initialed (Consenter) _____

- Sexual activity of a kind other than that specified and consented to in this Consent Form shall be presumed to be consented to with the retroactive checking of the appropriate activity above, even after the signing of this Consent Form. (See clause 1 below.)

Initialed (Proposer) _____ Initialed (Consenter) _____

- Sexual activity of a kind other than that specified and consented to in this Consent Form shall be presumed to be consented to by mutual verbal consent during the activities engaged in under the consent given in the present Consent Form. (See Clause 2 below.)

Initialed (Proposer) _____ Initialed (Consenter) _____

Clause 1. Whereas both Proposer and Consenter recognize that alternatives a) and b) are likely significantly to disrupt any activities consented to under this Consent Agreement; Therefore, the Proposer and the Consenter further agree that should the disruption of agreed activities, be caused by the making of a further Consent Agreement (under a) above) or the retroactive amendment of this Consent Agreement (under b) above), result in a loss of desire to continue the activities herein consented to, consent for those activities consented to herein may/may not* be withdrawn by the verbal statement of one of the parties to this Consent Agreement.

Clause 2. Whereas both Proposer and Consenter recognize that alternative c) involves verbal consent of which no physical evidence will exist thereafter; Therefore, the Proposer and the Consenter further agree that such consent shall/shall not* be recorded using an audio recording device; and Whereas both Proposer and Consenter recognize that should no audio recording of verbal consent under this ratchet clause be made, neither party could subsequently prove affirmative consent to the activities that were verbally agreed upon; Therefore, both parties hereby waive their right to claim that no such affirmative consent was given. Equivalently, the Proposer and the Consenter hereby

consent to any further activities that can be reasonably deemed to follow naturally from the activities herein consented to.

VI. FAILURE TO PERFORM.

Whereas consent to participate in sexual activities does not guarantee the ability to perform those activities, Therefore, failure to perform such acts as consented to under this Consent Agreement for reasons including, but not limited to physical, psychological, or emotional impairment, shall not be considered a violation of this Consent Agreement.

VII. EARLY TERMINATION.

This Consent Agreement may be terminated at any time during the period of consent agreed upon herein by mutual written consent of both the Proposer and the Consenter.

VIII. FORMAL STRUCTURE

- ★ Communicate at least twice a week, if not more to check in with the emotional and mentality of the Proposer.
- ★ No topic for exploration should be off limits for discussion and encouragement should be given to avoid embarrassment or vulnerability. A discussion is not necessarily a desire to carry out the act, however, this can be used as an aid for future play ideas. Discussion of hard and soft limits will take place as appropriate.
- ★ Bedroom play should be planned and communicated in advance.
- ★ Any feelings of immediate desire or “horniness” are to be communicated immediately to share the moment or use it.
- ★ Bedroom play is not to be carried out while the Consenter is under the influence of drugs or alcohol.
- ★ “**Yellow**” is used to communicate limit is being reached and “**Red**” will be used to immediately stop.

Proposer's Signature _____

Date _____

Consenter's Signature _____

Date _____